Mechanics of Materials

Ferdinand P.Beer, E.Russel Johnston, Jr., John T.Dewolf

Other Reference:
J.Wat Oler "Lectures notes on Mechanics od Materials"
Ibrahim A.Assakkaf "Lectures notes on Mechanics od Materials"

Energy Methods

By: Kaveh Karami

Associate Prof. of Structural Engineering

https://prof.uok.ac.ir/Ka.Karami

دانشگاه کردستان
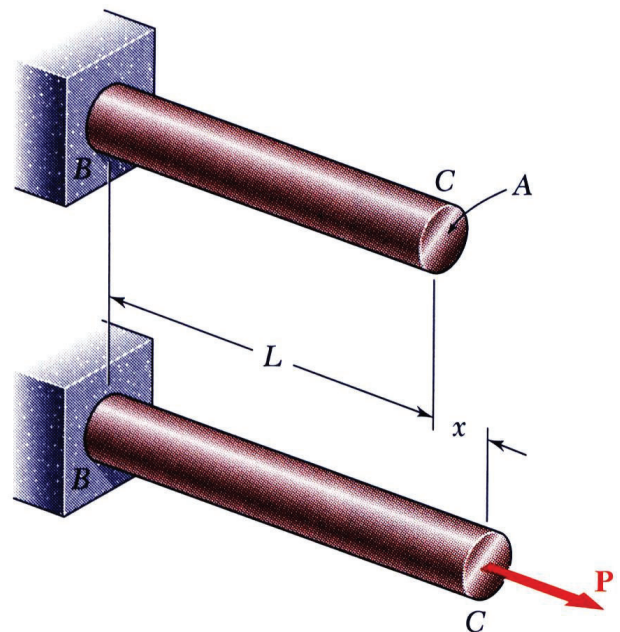University of Kurdistan
زانکۆی کوردستان

Energy Methods

❑ **Strain Energy**

- A uniform rod is subjected to a slowly increasing load

- The *elementary work* done by the load P as the rod elongates by a small *dx* is

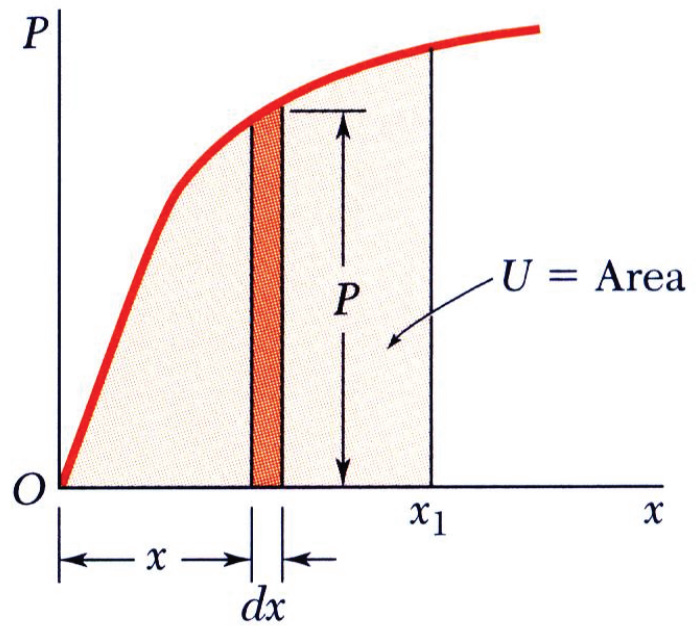$$dU = P\,dx = elementary\ work$$

Energy Methods

❑ Strain Energy

$$dU = P\,dx = \textit{elementary work}$$

which is equal to the area of width *dx*
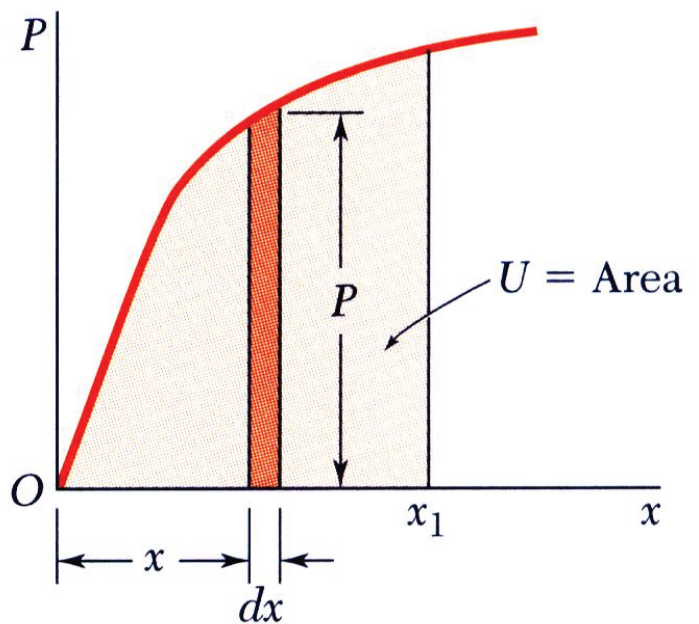under the load-deformation diagram.

$U = $ Area

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Energy Methods

❑ Strain Energy

- The *total work* done by the load for a
  deformation x_1,

$$U = \int_0^{x_1} P\,dx = \textit{total work} = \textit{strain energy}$$

which results in an increase of *strain
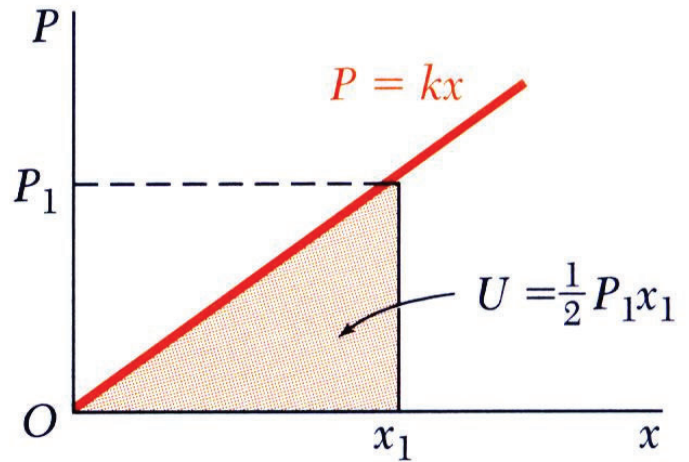energy* in the rod.

$U = $ Area

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Energy Methods

❑ Strain Energy

- In the case of a linear elastic deformation,

$$U = \int_0^{x_1} kx\, dx = \frac{1}{2} kx_1^2 = \frac{1}{2} P_1 x_1$$

$$P = kx$$

$$U = \tfrac{1}{2} P_1 x_1$$

Energy Methods

❑ Strain Energy Density

- To eliminate the effects of size, evaluate the strain- energy per unit volume,

$$\frac{U}{V} = \int_0^{x_1} \frac{P}{A} \frac{dx}{L}$$

$$u = \int_0^{\varepsilon_1} \sigma_x\, d\varepsilon = strain\ energy\ density$$

- The total strain energy density resulting from the deformation is equal to the area under the curve to ε_1.

- As the material is unloaded, the stress returns to zero but there is a permanent deformation. Only the strain energy represented by the triangular area is recovered.

- Remainder of the energy spent in deforming the material is dissipated as heat.
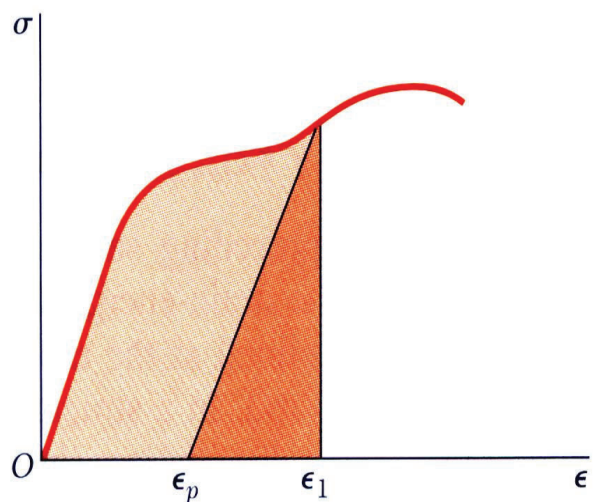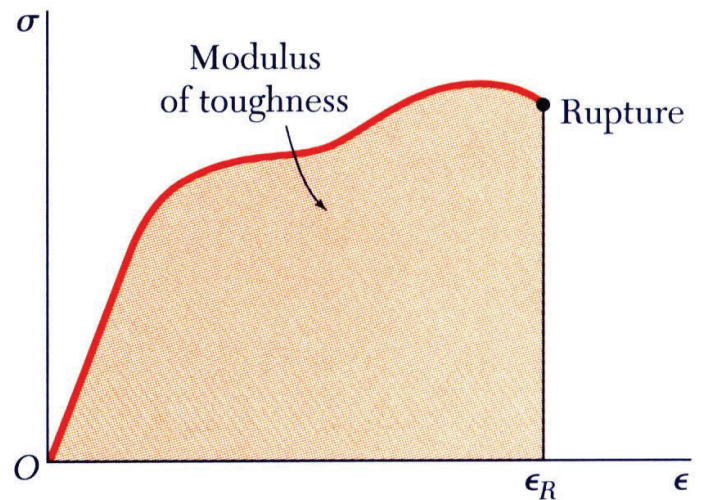
Energy Methods

❑ Strain Energy Density

- The strain energy density resulting from setting $\varepsilon_1 = \varepsilon_R$ is the *modulus of toughness*.

- The energy per unit volume required to cause the material to rupture is related to its ductility as well as its ultimate strength.
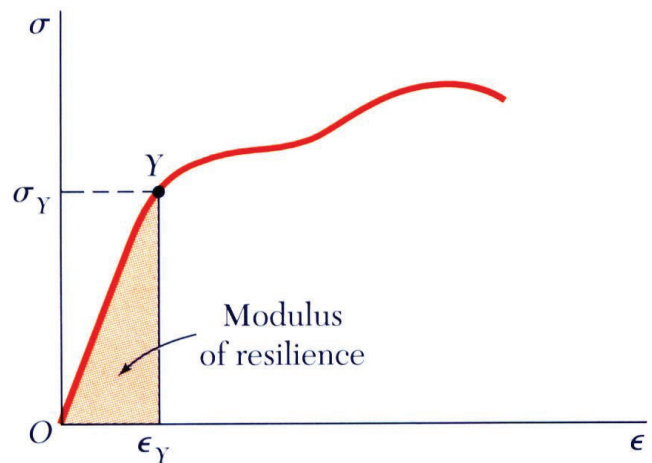

Energy Methods

❑ Strain Energy Density

- If the stress remains within the proportional limit,

$$u = \int E\varepsilon_x \, d\varepsilon_x = \frac{E\varepsilon_x^2}{2} = \frac{\sigma_x^2}{2E}$$

- The strain energy density resulting from setting $\sigma_1 = \sigma_Y$ is the *modulus of resilience*.

$$u_Y = \frac{\sigma_Y^2}{2E} = modulus\ of\ resilience$$

Energy Methods

❑ **Elastic Strain Energy for Normal Stresses**

- In an element with a Nonuniform stress distribution,

$$u = \lim_{\Delta V \to 0} \frac{\Delta U}{\Delta V} = \frac{dU}{dV} \qquad U = \int u \, dV = \text{total strain energy}$$

- For values of $u < u_Y$, i.e., below the proportional limit,

$$U = \int \frac{\sigma_x^2}{2E} dV = \text{elastic strain energy}$$

Energy Methods

❑ **Elastic Strain Energy for Normal Stresses**
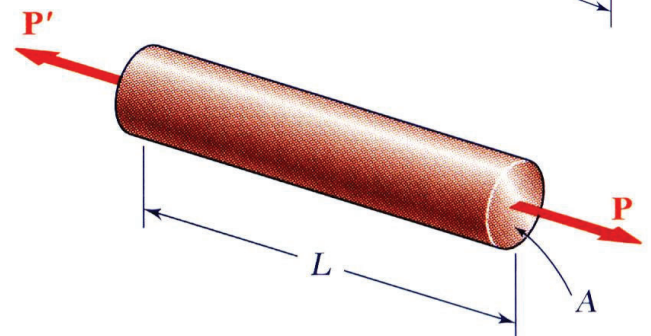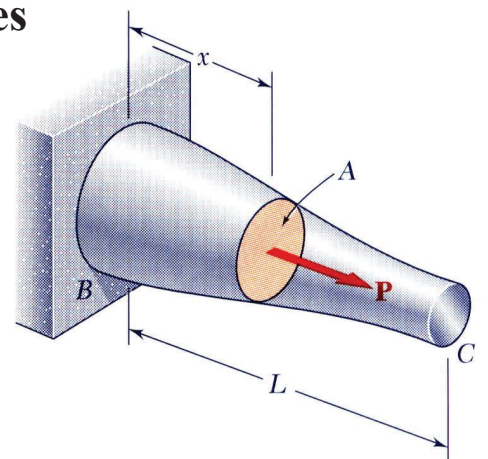
- Under axial loading,

$$\sigma_x = P/A \qquad dV = A \, dx \quad \Rightarrow \qquad U = \int_0^L \frac{P^2}{2AE} dx$$

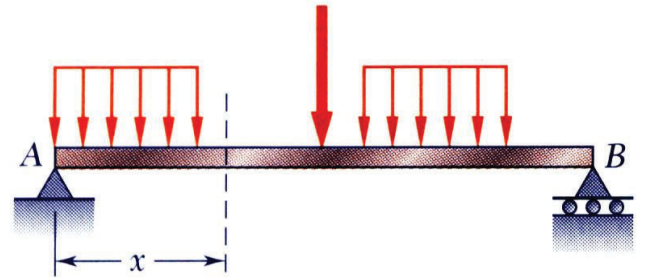- For a rod of uniform cross-section,

$$U = \frac{P^2 L}{2AE}$$

Energy Methods

❑ Elastic Strain Energy for Normal Stresses

- For a beam subjected to a bending load,

$$\sigma_x = \frac{M\,y}{I} \implies \boxed{U = \int \frac{\sigma_x^2}{2E}dV = \int \frac{M^2 y^2}{2EI^2}dV}$$

- Setting $dV = dA\,dx$,

$$U = \int_0^L \int_A \frac{M^2 y^2}{2EI^2}dA\,dx = \int_0^L \frac{M^2}{2EI^2}\left(\int_A y^2 dA\right)dx \implies \boxed{U = \int_0^L \frac{M^2}{2EI}dx}$$
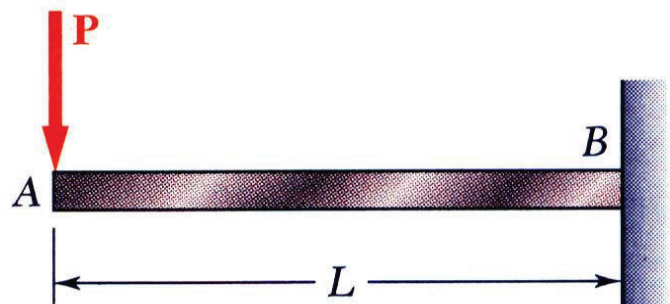
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Energy Methods

❑ Elastic Strain Energy for Normal Stresses

Example 01

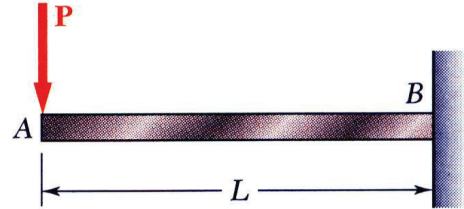- Determine the total strain energy due to exerted force on the cantilever beam.

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Energy Methods

❑ Elastic Strain Energy for Normal Stresses

Example 01

- For an end-loaded cantilever beam,

Energy Methods

❑ Strain Energy For Shearing Stresses

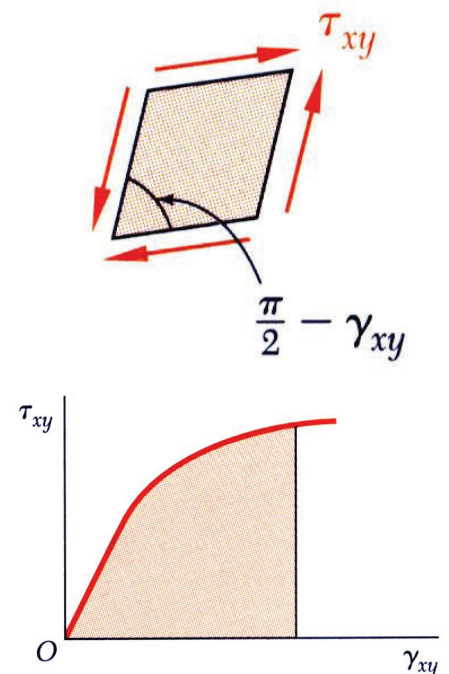- For a material subjected to plane shearing stresses,

$$u = \int_0^{\gamma_{xy}} \tau_{xy} \, d\gamma_{xy}$$

- For values of τ_{xy} within the proportional limit,

$$u = \tfrac{1}{2} G \gamma_{xy}^2 = \tfrac{1}{2} \tau_{xy} \gamma_{xy} = \frac{\tau_{xy}^2}{2G}$$

- The total strain energy is found from

$$U = \int u \, dV \quad \Rightarrow \quad U = \int \frac{\tau_{xy}^2}{2G} \, dV$$

Energy Methods

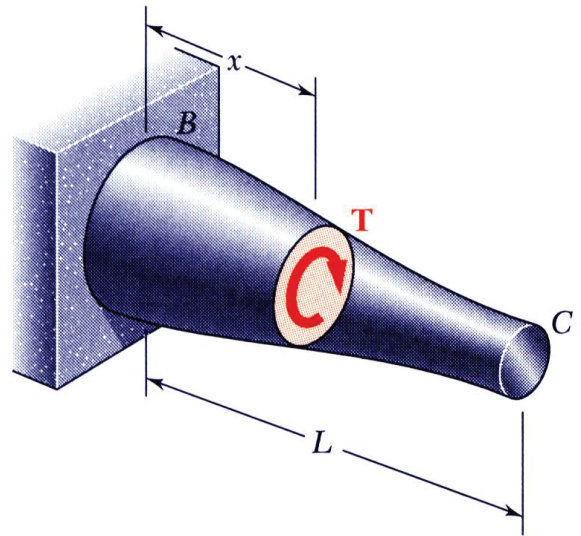### ❑ Strain Energy For Shearing Stresses

- For a shaft subjected to a torsional load,

$$\tau_{xy} = \frac{T\rho}{J} \quad \Rightarrow \quad U = \int \frac{\tau_{xy}^2}{2G} dV = \int \frac{T^2 \rho^2}{2GJ^2} dV$$

- Setting $dV = dA\, dx$,

$$U = \int_0^L \int_A \frac{T^2 \rho^2}{2GJ^2} dA\, dx = \int_0^L \frac{T^2}{2GJ^2} \left(\int_A \rho^2 dA \right) dx$$

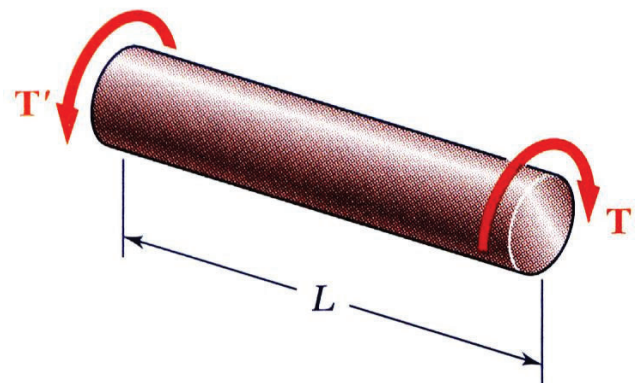$$\Rightarrow \quad \boxed{U = \int_0^L \frac{T^2}{2GJ} dx}$$

Energy Methods

❑ Strain Energy For Shearing Stresses

- In the case of a uniform shaft,

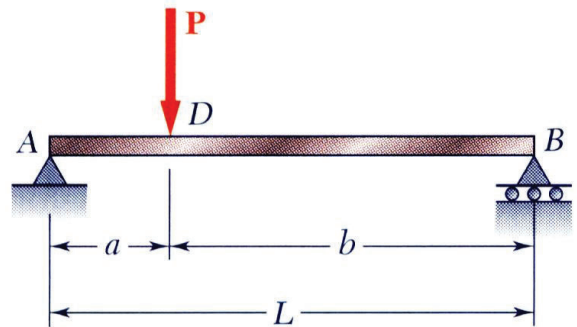$$U = \int_0^L \frac{T^2}{2GJ} dx \quad \Rightarrow \quad \boxed{U = \frac{T^2 L}{2GJ}}$$

Energy Methods

❑ Elastic Strain Energy for Normal Stresses

Example 02

a) Taking into account only the normal stresses due to bending, determine the strain energy of the beam for the loading shown.

b) Evaluate the strain energy knowing that the beam is a W10x45, $P = 40$ kips, $L = 12$ ft, $a = 3$ ft, $b = 9$ ft, and $E = 29 \times 10^6$ psi.
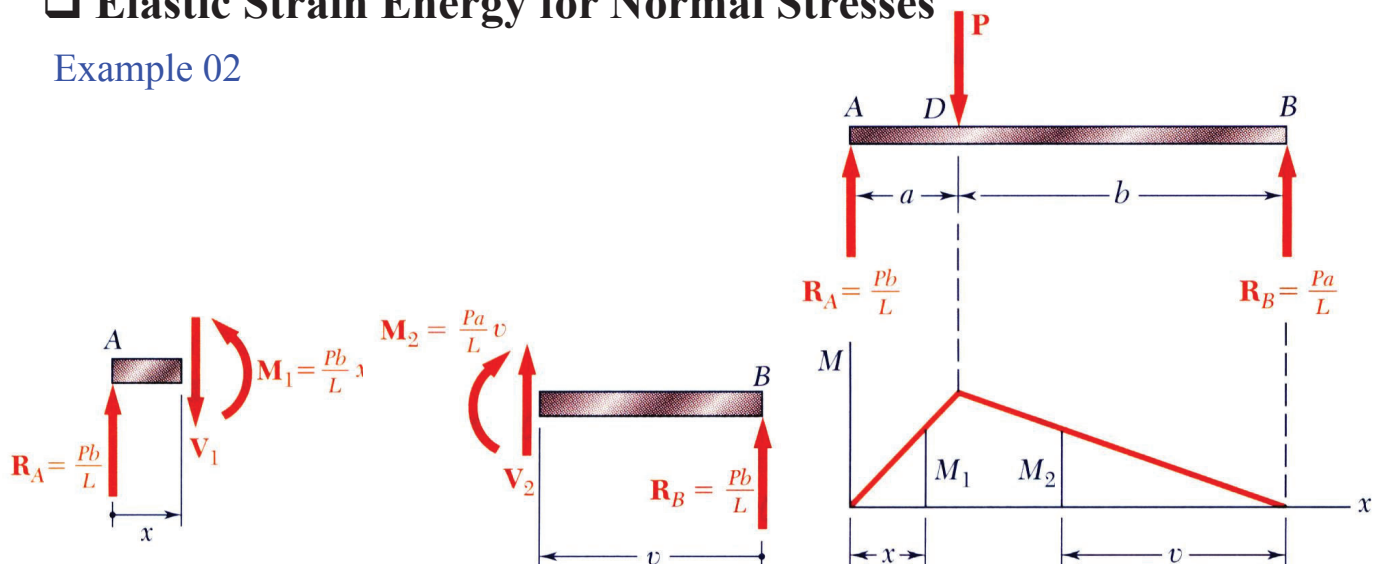

Energy Methods

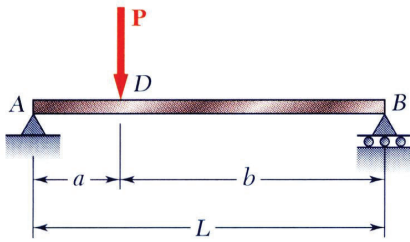### ❑ Elastic Strain Energy for Normal Stresses

Example 02

$$R_A = \frac{Pb}{L}$$

$$R_B = \frac{Pa}{L}$$

$$M_1 = \frac{Pb}{L} x$$

$$M_2 = \frac{Pa}{L} v$$

$$R_A = \frac{Pb}{L}$$

$$R_B = \frac{Pb}{L}$$

Energy Methods

❑ Elastic Strain Energy for Normal Stresses

Example 02

- Integrate over the volume of the beam to find the strain energy.
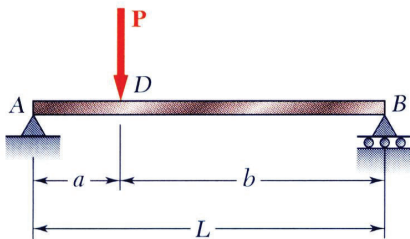
Over the portion AD,

$$M_1 = \frac{Pb}{L}x$$

Over the portion BD,

$$M_2 = \frac{Pa}{L}v$$

Energy Methods

❑ Elastic Strain Energy for Normal Stresses

Example 02

$P = 45\,\text{kips}$ $L = 144\,\text{in.}$

$a = 36\,\text{in.}$ $b = 108\,\text{in.}$

$E = 29 \times 10^3\,\text{ksi}$ $I = 248\,\text{in}^4$

Energy Methods

❑ Strain Energy for a General State of Stress

- Previously found strain energy due to uniaxial stress and plane shearing stress. For a general state of stress,

$$u = \tfrac{1}{2}\left(\sigma_x \varepsilon_x + \sigma_y \varepsilon_y + \sigma_z \varepsilon_z + \tau_{xy}\gamma_{xy} + \tau_{yz}\gamma_{yz} + \tau_{zx}\gamma_{zx}\right)$$

- With respect to the principal axes for an elastic, isotropic body,

$$u = \frac{1}{2E}\left[\sigma_a^2 + \sigma_b^2 + \sigma_c^2 - 2v\left(\sigma_a\sigma_b + \sigma_b\sigma_c + \sigma_c\sigma_a\right)\right] = u_v + u_d$$

$$u_v = \frac{1-2v}{6E}\left(\sigma_a + \sigma_b + \sigma_c\right)^2 = \text{due to volume change}$$

$$u_d = \frac{1}{12G}\left[\left(\sigma_a - \sigma_b\right)^2 + \left(\sigma_b - \sigma_c\right)^2 + \left(\sigma_c - \sigma_a\right)^2\right] = \text{due to distortion}$$
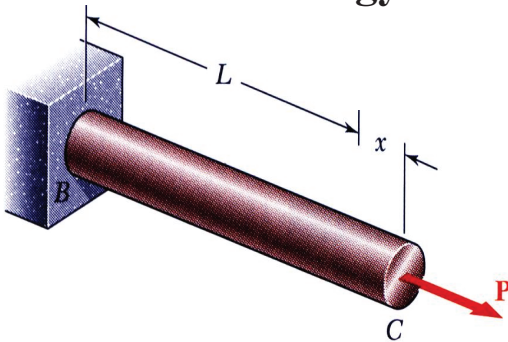
- Basis for the *maximum distortion energy* failure criteria,

$$u_d < (u_d)_Y = \frac{\sigma_Y^2}{6G} \quad \text{for a tensile test specimen}$$

Energy Methods

❑ Work and Energy Under a Single Load

- Previously, we found the strain energy by integrating the energy density over the volume. For a uniform rod,

$$U = \int u\, dV = \int \frac{\sigma^2}{2E}\, dV$$

$$= \int_0^L \frac{(P_1/A)^2}{2E} A\, dx = \frac{P_1^2 L}{2AE}$$

- Strain energy may also be found from the work of the single load P_1,

$$U = \int_0^{x_1} P\, dx$$

- For an elastic deformation,

$$U = \int_0^{x_1} P\, dx = \int_0^{x_1} kx\, dx = \tfrac{1}{2}kx_1^2 = \tfrac{1}{2}P_1 x_1$$

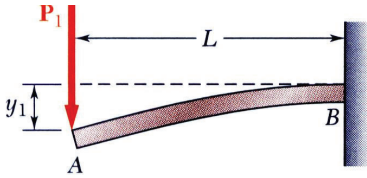- Knowing the relationship between force and displacement,

$$x_1 = \frac{P_1 L}{AE} \quad \Rightarrow \quad U = \tfrac{1}{2}P_1\left(\frac{P_1 L}{AE}\right) = \frac{P_1^2 L}{2AE}$$
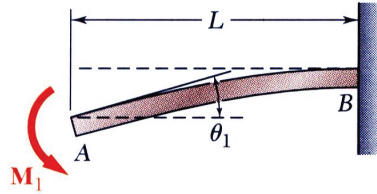
Energy Methods

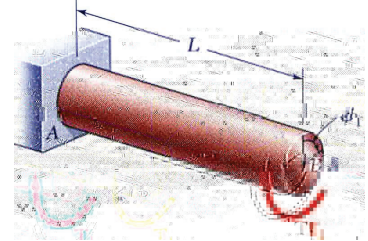### ❑ Work and Energy Under a Single Load

• Transverse load	• Bending couple	• Torsional couple

$$U = \int_0^{y_1} P\,dy = \tfrac{1}{2}P_1 y_1$$

$$= \tfrac{1}{2}P_1\left(\frac{P_1 L^3}{3EI}\right) = \frac{P_1^2 L^3}{6EI}$$

$$U = \int_0^{\theta_1} M\,d\theta = \tfrac{1}{2}M_1\theta_1$$

$$= \tfrac{1}{2}M_1\left(\frac{M_1 L}{EI}\right) = \frac{M_1^2 L}{2EI}$$

$$U = \int_0^{\phi_1} T\,d\phi = \tfrac{1}{2}T_1\phi_1$$

$$= \tfrac{1}{2}T_1\left(\frac{T_1 L}{JG}\right) = \frac{T_1^2 L}{2JG}$$

Energy Methods

❑ Deflection Under a Single Load

- If the strain energy of a structure due to a single concentrated load is known, then the equality between the work of the load and energy may be used to find the deflection.
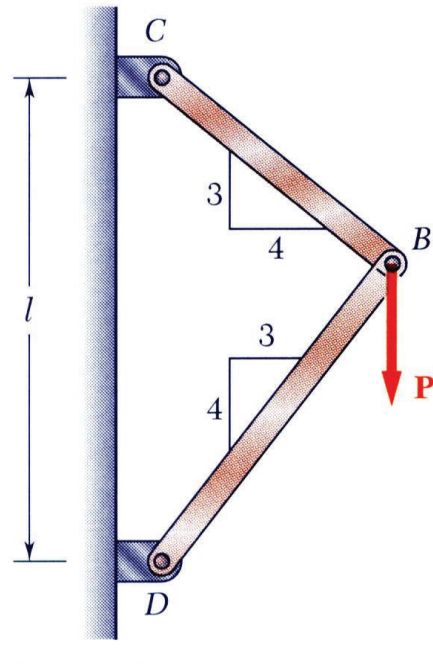
Work = Energy ⟹

Deflection

Energy Methods

❑ Deflection Under a Single Load

Example 03

Determine vertical deflection at point B.

Energy Methods

❑ Deflection Under a Single Load
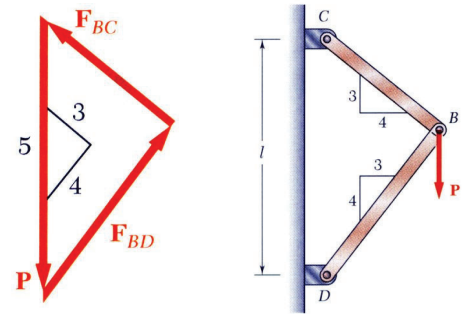
Example 03

From the given geometry,

• Strain energy of the structure,

From statics,

• Equating work and strain energy,
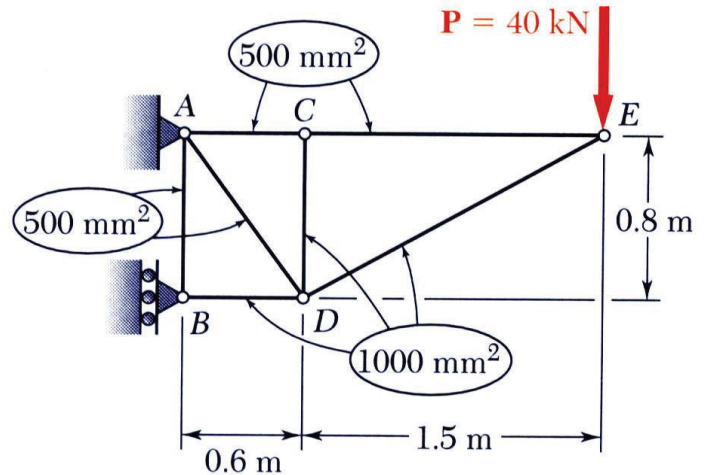
Energy Methods

❑ Deflection Under a Single Load

Example 04

Members of the truss shown consist of sections of aluminum pipe with the cross-sectional areas indicated. Using $E = 73$ GPa, determine the vertical deflection of the point E caused by the load P.
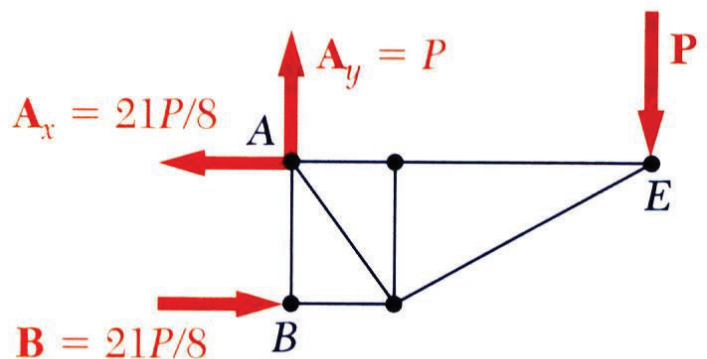

Energy Methods

❑ Deflection Under a Single Load

Example 04

SOLUTION:

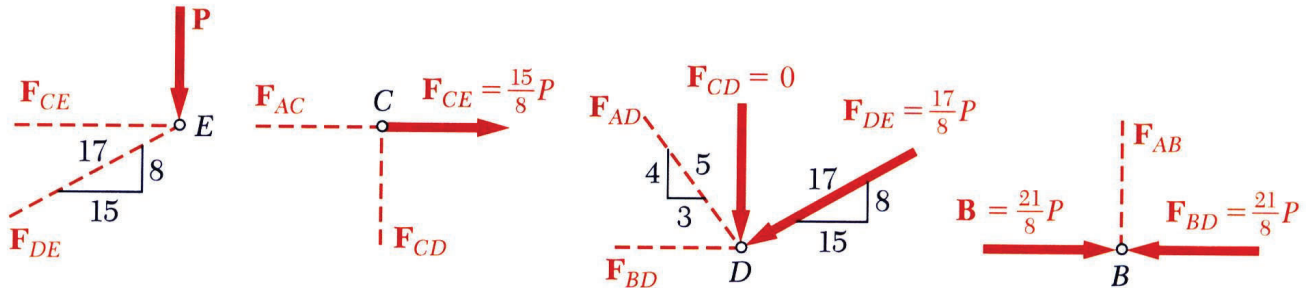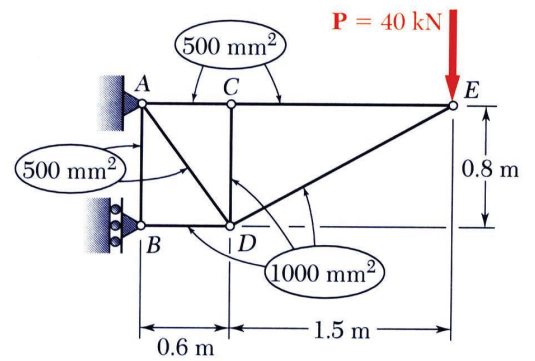- Find the reactions at A and B from a free-body diagram of the entire truss.

Energy Methods

❑ Deflection Under a Single Load

Example 04

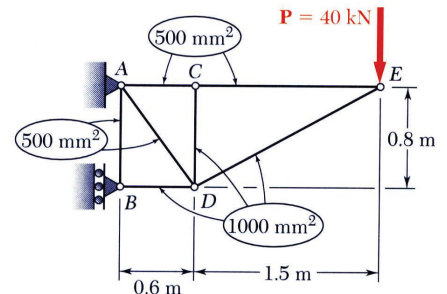- Apply the method of joints to determine the axial force in each member.

Energy Methods

❑ Deflection Under a Single Load

Example 04

- Evaluate the strain energy of the truss due to the load P.

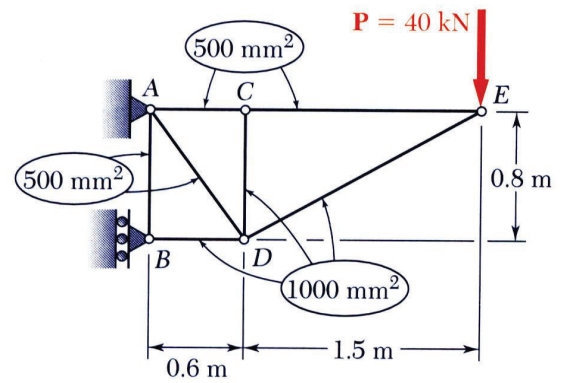| Member	F_i	L_i, m	A_i, m²	$\dfrac{F_i^2 L_i}{A_i}$
AB	0	0.8	500×10^{-6}	0
AC	$+15P/8$	0.6	500×10^{-6}	$4\,219P^2$
AD	$+5P/4$	1.0	500×10^{-6}	$3\,125P^2$
BD	$-21P/8$	0.6	1000×10^{-6}	$4\,134P^2$
CD	0	0.8	1000×10^{-6}	0
CE	$+15P/8$	1.5	500×10^{-6}	$10\,547P^2$
DE	$-17P/8$	1.7	1000×10^{-6}	$7\,677P^2$

Energy Methods

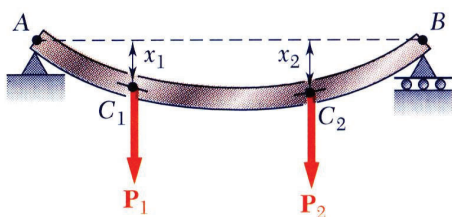### ❑ Deflection Under a Single Load

Example 04

- Equate the strain energy to the work by P and solve for the displacement.

$P = 40$ kN

500 mm^2

500 mm^2

1000 mm^2
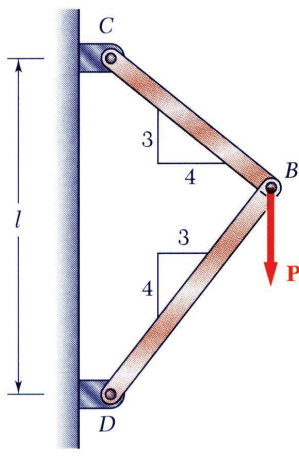
0.8 m

0.6 m

1.5 m

Energy Methods

❑ Castigliano's Theorem

- In the case of a beam,

$$U = \int_0^L \frac{M^2}{2EI}\,dx \qquad x_j = \frac{\partial U}{\partial P_j} = \int_0^L \frac{M}{EI}\frac{\partial M}{\partial P_j}\,dx$$

- For a truss,

$$U = \sum_{i=1}^n \frac{F_i^2 L_i}{2 A_i E} \qquad x_j = \frac{\partial U}{\partial P_j} = \sum_{i=1}^n \frac{F_i L_i}{A_i E}\frac{\partial F_i}{\partial P_j}$$
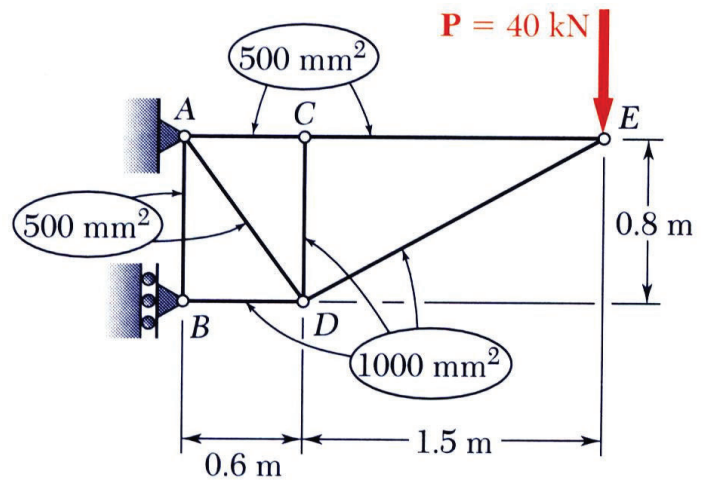
Energy Methods

❑ Deflection Under a Single Load

Example 05

Members of the truss shown consist of sections of aluminum pipe with the cross-sectional areas indicated. Using $E = 73$ GPa, determine the vertical deflection of the joint C caused by the load P.
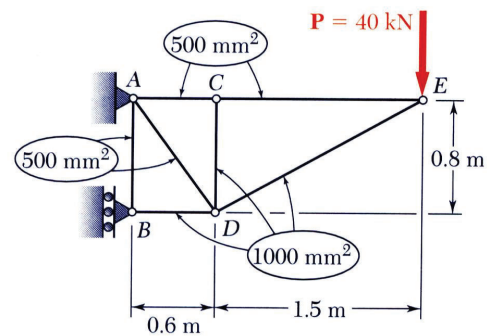

Energy Methods
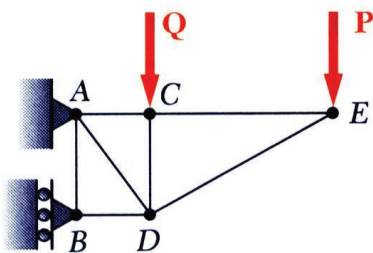
❑ Deflection Under a Single Load

Example 05

SOLUTION:

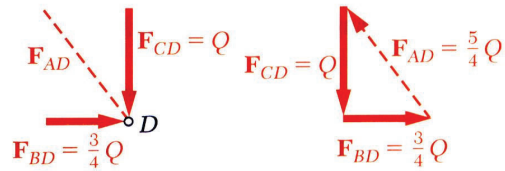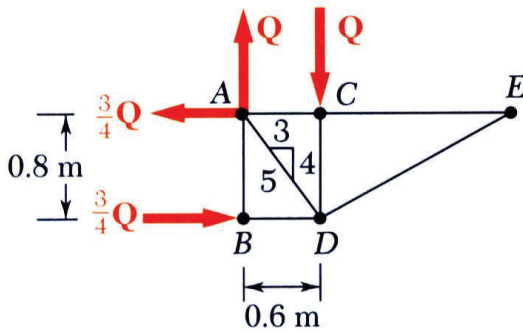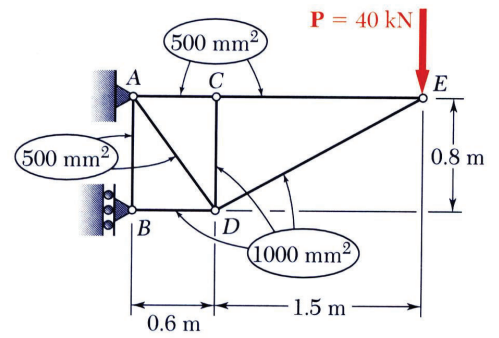- Find the reactions at A and B due to a dummy load Q at C from a free-body diagram of the entire truss.

Energy Methods

❑ Deflection Under a Single Load

Example 05

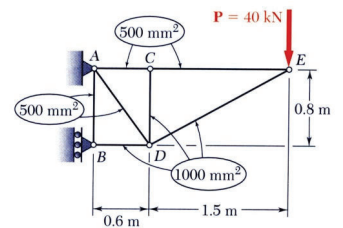- Apply the method of joints to determine the axial force in each member due to Q.

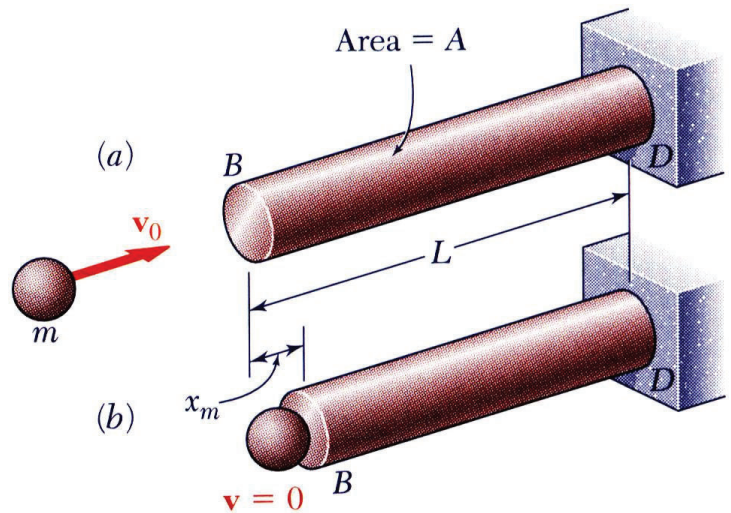# Energy Methods

❑ Deflection Under a Single Load

Example 05

Member	F_i	$\partial F_i/\partial Q$	L_i, m	A_i, m²	$\left(\dfrac{F_i L_i}{A_i}\right)\dfrac{\partial F_i}{\partial Q}$
AB	0	0	0.8	500×10^{-6}	0
AC	$+15P/8$	0	0.6	500×10^{-6}	0
AD	$+5P/4 + 5Q/4$	$\frac{5}{4}$	1.0	500×10^{-6}	$+3125P +3125Q$
BD	$-21P/8 - 3Q/4$	$-\frac{3}{4}$	0.6	1000×10^{-6}	$+1181P + 338Q$
CD	$-Q$	-1	0.8	1000×10^{-6}	$+ 800Q$
CE	$+15P/8$	0	1.5	500×10^{-6}	0
DE	$-17P/8$	0	1.7	1000×10^{-6}	0

Energy Methods

❑ Impact Loading

- Consider a rod which is hit at its end with a body of mass m moving with a velocity v_0.

- Rod deforms under impact. Stresses reach a maximum value σ_m and then disappear.

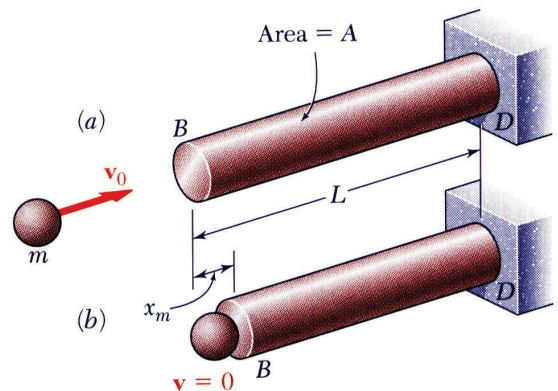
(a)

(b)

Energy Methods

❑ Impact Loading

(a)

(b)

- To determine the maximum stress σ_m

  - Assume that the kinetic energy is transferred entirely to the structure,

$$U_m = \tfrac{1}{2}mv_0^2$$

  - Assume that the stress-strain diagram obtained from a static test is also valid under impact loading.

- Maximum value of the strain energy,

$$U_m = \int \frac{\sigma_m^2}{2E}\,dV$$

- For the case of a uniform rod,

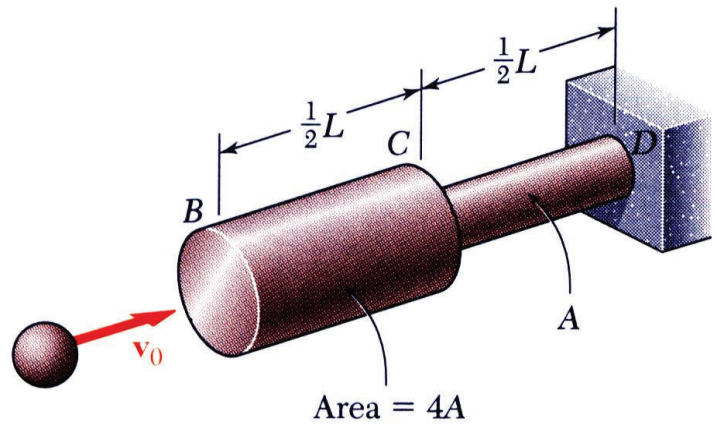$$\sigma_m = \sqrt{\frac{2U_m E}{V}} = \sqrt{\frac{mv_0^2 E}{V}}$$

Energy Methods

❏ Impact Loading

Example 06

Body of mass m with velocity v_0 hits the end of the Nonuniform rod BCD. Knowing that the diameter of the portion BC is twice the diameter of portion CD, determine the maximum value of the normal stress in the rod.

$\frac{1}{2}L$

$\frac{1}{2}L$

B C D

v_0

A

Area $= 4A$

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Energy Methods

❏ Impact Loading

Example 06

$\frac{1}{2}L$

$\frac{1}{2}L$

B C D

v_0

A

Area $= 4A$

- Find the static load P_m which produces the same strain energy as the impact.

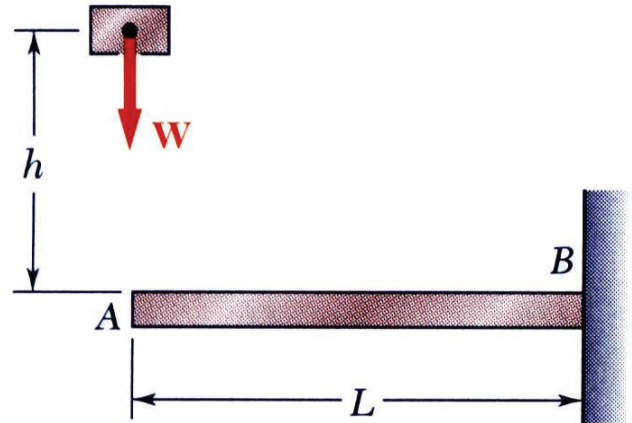- Evaluate the maximum stress resulting from the static load P_m

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Energy Methods

❑ Impact Loading

Example 07

A block of weight W is dropped from a height h onto the free end of the cantilever beam. Determine the maximum value of the stresses in the beam.

Energy Methods

❑ Impact Loading

Example 07

• Find the static load P_m which produces the same strain energy as the impact.

For an end-loaded cantilever beam,

• Evaluate the maximum stress resulting from the static load P_m